

Men & Masculinity: Chapter 10 (The Journey into adventure)

Questions for discussion

1. Do you have goals, hopes, and dreams?

Literally a journey in life has its ups and downs. There are long roads, twists, and turns. There is sunshine and rain. I remember taking a trip to Mt Rushmore with my kid. We encountered blistering 50 degree heat and torrential rain. The road was covered in soot from a coal mine and the miles seemed to get longer. Our journey went from home to Rushmore and back, yet in-between was the adventure. We spend so much time wanting to get to that vision in our heads without realizing life is passing us by like traveling on a road.

2. Are you reacting to life or experiencing life?

God might take you home tomorrow. Maybe it's 50 years from now. What's cool about God is the middle stuff. He wants us to be more than we see and think. This world is extremely big. There are billions of people and hundreds of countries and cultures different than our own. If God made it all and if God likes to share himself, doesn't it make sense he wants us to experience all he has made? It's critical we experience as much as we can on the journey. Sitting on the cliff in my first chapter I had not done that very much. I was just reacting to the hits instead of changing the route to the goal. Dang it that's the cup half full thing again.

3. Is it time to change your route to your goals ?

Let's create a journey for you or change the path your currently on. I believe the reason your reading this is because something needs to change. Just to be clear it's not a wife or a job necessarily that needs to change. The change comes in perspective (cup half full again). To create a change is just like the football game. We stay on the same team but the game plan changes for every opponent and even every play. The goal to get across the line remains the same in each game. A good coach creates a plan to accomplish the goal. Along the way are injuries, fumbles, and weather. Change and the goal work together to win regardless of the obstacles we face.

4. Shouldn't life be fun like a game?

I seem to call things in my life something other than it is: like the Paper towel affect or the Gopher affect (see the Feminine chapter 6). I view life through themes to mentally lessen the burden. Who really wants bill day or marital fight day? In kids shows like Sesame Street they have theme days like apple day or number 7 day. I loved that as a kid. Oh, as a kid, maybe there lies the key? Maybe it's time to have fun like kids. Being a (why so serious) adult is never fun. It was time to live within Sesame Street and a video game because they are created to be fun. Shouldn't life be fun? Let's look at how I do it.



5. **Do you live well between Mondays to Sundays?**

So let's wrap this up by trying this at home as opposed to the disclaimer (don't try this at home). I decided in my split-up to not make the same mistake twice. I looked at each day as an adventure. There is the same amount of Mondays as there are Saturdays. Did you know that? We will die on a certain day of the week. Will you miss another Saturday if you die on Tuesday? Pessimistic yes but reality might be setting in right now. Live well on Monday thru Sunday.